

# Columbine Quilters

January 2018

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## OFFICERS

Nancy Ballantyne 249-1346  
Barbara Cencich 249-1965  
Kay Frantz 249-1763  
Judy Sudduth 970-462-4385

Press Mess  
From Nancy

Columbine Quilters  
December 2, 2017

Welcome:

Minutes: approved as printed

Treasurer's report: Beginning balance: \$2069.68 Expenses of \$50.00 and an ending balance of \$2019.68.

Guests: none

Announcements:

Committee reports:

Black Canyon Quilts show:

The theme for the 2018 show is "Seasons of the San Juan's" was chosen. The challenge quilt will also be "Seasons of the San Juan's". Guidelines for the challenge quilt will be the perimeter may be no more than 120 inches and the quilt must be made by one person.

Welcome: 13 members

Membership: Dues are due at the January meeting. Dues are \$20.00

Sunshine: no report

Community service: no report

Block of the Month: January was the "Friendship Star"

By-Laws: they are up to date.

Program: exchange Christmas socks filled with goodies and played some very fun games plus pot luck.

Newsletter: items by the 15th  
Library: no report

Hospitality: signup sheets were passed around.  
Refreshments: pot luck  
Room set up:  
Room clean up:  
Historian: no report

Publicity: no report

Old Business:

New Business: We have our officers

President: Nancy Ballantyne  
Vice-President Barbara Cencich  
Secretary Judy Sudduth  
Treasure Kay Frantz

It was moved and seconded to buy batting for community service quilts.

Show and Tell

Program:  
Next meeting:  
January 6, 2018

Respectively Submitted  
Cheryl Yergler

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## For January

Refreshments: Judy S. Cheryl Y.  
Set Up: Marilyn  
Clean up: Judy S

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**Lost: We need to locate our copy card to Office Depot. If you know where it is please contact Kay Frantz.**

## Sewing Machine Service & Repair

Marc Chilianis has stepped up to fill a void and need in the Montrose area. Sewing machine repair and service.

Marc is excited to help our community and has already begun, with many satisfied customers. You can bring your machine into **Ladybugz** and drop it off and after Marc is done servicing your machine he will bring it back to **Ladybugz** for you to pick up. Payment is cash or check only.

## Adobe Sharpening

Floyd & Cathy Wortman have been sharpening scissors and knives in Montrose for many years. Now it may be easier for you to have your scissors sharpened. You can bring them to **Ladybugz** and drop them off and then pick them up here after they are sharpened.

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## Black Canyon Quilt Show News

Entry forms and the General Rules for the quilt show are now available on line at [blackcanyonquiltshow.com](http://blackcanyonquiltshow.com) under the Quilt Show tab. Remember the Challenge Category and Show Theme are both "Seasons of the San Juans." Challenge quilts must be totally made by the entrant and have a perimeter of not more than 120". **New this year is the requirement that all quilts, regardless of size, must have 4" hanging sleeves.**

A number of classes and two lectures will be offered during the show. The judges, Barbara Broshus and Dr. Pamela Walsh, will present a lecture entitled "It's All in the Details" on the evening of Judging Day when the Best of Show quilt will be revealed. Saturday afternoon Barbara Yates Beasley, whose specialty is animal portraits, will present a trunk show and lecture. Classes include one by Barbara Yates Beasley. Mary Ross and several others will teach a class called "Finishing Techniques." Sue Lorimer of Ladybuz will teach Paper Piecing and Carolyn Ray will teach Fabric Bowls. Sunday classes will be a series of free demonstrations. For more details about classes, visit the web site [blackcanyonquiltshow.com](http://blackcanyonquiltshow.com).

Here is a picture of all the Christmas Socks from the December meeting.



## Program

The January program will be presented by Rachel Darling. She will be showing us how to make an easy quilt block that only looks complicated! It is a variation of the tumbler quilt block. You will need 10 inch squares for the outer pieces, and 5 inch squares for the center of the blocks. If you want to use precuts you will need 1 pack of 5 inch squares and 1 pack of 10 inch squares. This will make a 56 x 63 inch quilt. If you cut your own squares you will need 42 of each size for the 56 x 63 quilt. Want a smaller quilt? Cut fewer squares! You can just make one or two blocks the day of the meeting or you can stay and sew longer.

Bring your 10 inch squares, your 5 inch squares, thread, sewing machine, pins, and scissors. Make day of it and bring your lunch.

Don't forget to bring your completed block of the month! See you there!

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**Community Service:** Make a "Block of the Month" in red, white, and blue for "Quilts of Valor". This month's program (another block) would make a great block for "Quilts of Valor". The blocks that we made last year and donated was greatly appreciated.

For those who would like to make community service quilts, but has a hard time quilting a large quilt on your sewing machine. Google "Leah Day". She has several videos on "Quilt as you go" block by block.

FYI Barb Cencich is the care taker of the batting for community serve quilts. Just give her call or email and she can cut you a piece and bring it to the meeting for you. Cheryl Y has the labels for the community service quilts.

## **LADYBUGZ HAS A NEW HOME**

WE ARE EXCITED TO SHARE THAT LADYBUGZ QUILT AND YARN  
HAS A NEW HOME.  
AS OF JANUARY 1ST WE WILL BE LOCATED AT

**330 S. 8TH STREET IN MONTROSE**

WE WILL BE ALL ON ONE FLOOR. NO STAIRS! AND NO STEPS UP TO OUR FRONT DOOR. WE HAVE A WONDERFUL NEW CLASSROOM SPACE AND SOME GREAT PLANS FOR CLASSES. PARKING IN FRONT AND IN BACK.

WE LOOK FORWARD TO SHARING OUR NEW SPACE WITH YOU!

### **SHOP HOURS:**

MONDAY - FRIDAY 10:00 AM - 5:00 PM  
DECEMBER 18TH - 22ND

SATURDAY 10:00 AM - 4:00 PM  
DECEMBER 23RD

WE WILL BE CLOSED DECEMBER 24TH THRU JANUARY 1ST  
FOR OUR MOVE

PLEASE COME VISIT US AFTER JANUARY 1ST AT OUR NEW LOCATION

REOPENING JANUARY 2, 2018 10:00 AM

## Bath Bombs



shutterstock - 391728157

The colorful, chalky, scented spheres are sold everywhere from cosmetic stores to farmers' markets to drug stores.

When you add to them to your bath or shower they slowly fizz and dissolve, releasing their scent.

And they are surprisingly easy to make yourself.

You can use any essential oils you want, but since it's almost that time of year when nearly everyone in your office, school and in the grocery store starts sniffing and sneezing, we have a recipe that's perfect for cold and flu season.

### ***Ingredients:***

- 1 cup baking soda
- 1/2 cup corn starch
- 1/2 cup citric acid
- 2 Tbs Epsom salt
- 1 Tbs coconut oil
- Peppermint essential oil
- Eucalyptus essential oil
- Witch Hazel
- Green food coloring (optional)
- Bath bomb molds (optional)

### ***Instructions:***

1. Add the baking soda, citric acid, corn starch and Epsom salt into a bowl and mix. Add in the coconut oil and mix it in with your hands until you get rid of the big chunks.
2. Separate the mixture into two bowls. Add about six or seven drops of peppermint essential oil to one bowl and six or seven drops of Eucalyptus essential oil to the other. Mix them in well. You can also add about 7 to 10 drops of green food coloring to one of the bowls and mix

it in quickly. *Separating the mixtures like this just makes the end product prettier. If you don't care, you can just keep it all together in one big bowl and either keep it all white or all green.*

3. Add a few drops of witch hazel into each bowl and mix it up. You want the mixture to stick together when you squeeze it but remain drier than wet sand. You can add more witch hazel if needed until it gets to the right consistency.
4. Take turns packing some of each mixture into molds. Make sure to over-fill each half and then press them together—hard. If you are using the metal ones, hold them together for a little while, then turn it over and take off the top half carefully. If you plastic ones, just leave them as is. *You can find bath bomb molds on Amazon, but if you don't have any a cupcake tin or anything else similar works just as well.*
5. Now just dry them for about 24 hours on the counter or speed up the process by throwing them in the freezer for a couple hours.
6. Once they harden, it should be pretty easy to get them out of the mold. And they are ready to use!
7. Add them to your bath or put them on the floor of the shower and let the steam clear your sinuses and help soothe sore muscles!

***TIP: The witch hazel can be found with natural health and personal care products and citric acid is found with canning products. Both can also be ordered online.***

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